



SOKA IKEDA COLLEGE OF ARTS AND SCIENCE FOR WOMEN
(Affiliated to the University of Madras)
Chennai 600 099, Tamilnadu.

BEST PRACTICE - I

TITLE OF THE PRACTICE: SOKA YUVA SAKTHI

OBJECTIVES

The objective of the practice is to empower young women in sports by offering financial support.

The objective is achieved by

- Supporting the college education by waving tuition fee and supporting them with free residential care.
- Training young women to face tournaments and competitions with enthusiasm and confidence.
- Supporting sports students with the required infrastructural facilities.
- Helping and encouraging them to compete in District, State and National, Zone, Inter - zone, University and All India level sports competitions.

CONTEXT

Women from rural parts of Tamil Nadu are unable to realize their sports dreams due to various socio-economic barriers. The restriction in their own family and the social stigma related to girls participating in sports, prevents women from taking part in sports. The college management strongly believes that by encouraging girl students to take part in sports their socio-economic condition can be alleviated. Achieving in sports can help increase their self-esteem, self-confidence, self-worth and explore career opportunities in the sports.

Though free education for students participating in sports, is not recommended as statutory requirements, the college management out of their goodwill are offering free accommodation and food, specialized training, fee waiver, sports accessories and also meets the travelling expenses when students participate in tournaments.

PRACTICE

A holistic approach is applied in empowering young Ikedians to achieve sports excellence.

Every year, under Soka Yuva Sakthi programme, the college provides support to more than 40 students. The students are admitted in the stream of their choice. Students from Sports Development Authority of Tamil Nadu (SDAT) are also admitted in the sports quota. For the students staying in SDAT, free transport is provided. Sports students who wish to stay in their home are also given benefits.

DETAILS OF BENEFITS PROVIDED UNDER EACH CATEGORY

HOSTEL	SDAT	DAY SCHOLAR
<ul style="list-style-type: none"> • Free hostel • Fee waiver • Free nutritious meal • Free sports accessories • Cash awards 	<ul style="list-style-type: none"> • Fee waiver • Free nutritious meal • Free sports accessories • Free transport • Cash awards 	<ul style="list-style-type: none"> • Fee waiver • Free nutritious meal • Free sports accessories • Cash awards

EVIDENCE OF SUCCESS

In the last five years, 208 sports candidates have been benefitted and won more than 500 events in zone, district, state and national level.

S.NO	ACADEMIC YEAR	NO: OF STUDENTS BENEFITTED UNDER SPORTS CATEGORY
1	2018-2019	36
2	2019-2020	42
3	2020-2021	44
4	2021-2022	44
5	2022-2023	42
	TOTAL	208

PROBLEMS ENCOUNTERED / RESOURCES REQUIRED

The college Management finds it difficult to mobilize resources as the institution is self-financed. Due to this the students benefitted by this scheme are limited. Every year, on an average, Rs. 14,00,000 is spent to assist the sports students with the tuition fee, hostel and sports related training.

BEST PRACTICE - II

1. TITLE OF THE PRACTICE- ACADEMIC EXCHANGE PROGRAM

2. OBJECTIVES

To provide an enhanced learning experience for students and upgrade their educational competencies through academic exchange between Soka Ikeda College of Arts and Science for Women, India and Soka University, Tokyo, Japan.

3. CONTEXT

Soka Ikeda College of Arts and Science for Women strongly believes that a holistic education can be achieved if learning goes beyond traditional classroom setting. The college aims to empower students with the knowledge, practical skills and real-world experience for their future. Academic Exchange Programme (AEP) is a student-centred program between Soka Ikeda College of Arts and Science for Women, India and Soka University, Tokyo, Japan. The first year and second year students of all programmes are informed about the Academic Exchange Programme and are motivated to take up Japanese courses.

PRACTICE

The selection process of the students:

At the beginning of the year, the information regarding the selection for AEP is conveyed to the students in weekly assembly. The Japanese language teachers, Mrs. Kiyomi Tanaka and Ms. Shizuka distribute the enrolment forms to the students. Students who are interested must fill the form with parent's consent and the HOD's approval. The forms are scrutinized by the Management and the Principal. The enrolled students should take up a written examination before the conduct of face-to-face interview. The questions for the examination are set by the President

of the college under the topics India, Japan, Tamil Nadu, Soka Ikeda College and Soka University. The examination is conducted by the Japanese Language teachers and the papers are corrected by the HODs whose students do not compete in the examination. The students who excel in the examination are called for a personal interview. The interview is conducted by a panel comprising President, Advisor, Principal, Vice Principal and HODs. Students are short-listed for the AEP after getting the consent from the parents. The selected students are then facilitated to get visa and other necessary documents.

Facilities offered to the students from Soka University- Students were provided with free accommodation and transport. They are free to select the courses for their choice. The timetable and syllabus of the courses are given to the student after selecting the courses. Study materials and library cards are provided to them. Students are taken to different places to gain experience. After completion of their course, an examination is conducted by the respective department and the students are given grades according to their performance. In the valedictory ceremony, certificates are issued to them.

PROBLEMS ENCOUNTERED / RESOURCES REQUIRED:

The problem faced in practicing this exchange programme is that not many students come forward for this, as many are from traditional rural background. Since the college is self-financing, the resources to support the expenses of the students are limited.

EVIDENCE OF SUCCESS

The students who visited Soka University are placed in various reputed companies in India and Japan.
