

LLEGE OF ARTS AND SCIENCE FOR WOMEN

SETHU BHASKARA NAGAR, MADHANANGKUPPAM, CHENNAI - 600099.

Volume 8, Issue 2 December 2019 Newsletter for Private Circulation

© 044-26863177 | 9677717455 | 9677717456 E-mail: so knikeda@rediffmail.com | www.soknikedacolege.in

ONAM CELEBRATION



Onam, the harvest festival of Kerala was celebrated on 10.09.19. Dr. S. Deepa, PGT Biology, GK Shetty Vivekananda Vidyalaya Senior Secondary School, Ambattur, Chennai was the Chief Guest of the day and Ms. Vin othini faculty, G K. Shetty Vivelananda Vidy alaya. Senior Secondary School, Ambattur, Chennai was the Special Guest.

The welcome address was rendered by the Vice-Principal Mrs. B. Meera Muragesan, she welcomed the guests and congratulated the students who had undertaken and organized several programs. It was followed by honouring of the Chief Guest, Dr. S. Deepa by the Secretary, Mrs. Kogilam Kumanan and Academic Advisor, Dr. P. Ranji thakani. The hono uring of the Special Guest Ms. Vinothini was done by Vice-Principal Mrs. B. Meera Munages an and Alarmae Director Dr. Rani Christha Dhas

Mrs. M. Bhuvaneswari, Head Department of Cosporate Secretaryship, introduced the ts of the day. Dr. S. Deepa greeted everyone for bringing in the heritage and outture of Kerala. She narrated the story of the great king Mahabali and encouraged the students to become an honest and great ruler like Mahabali, preserving nature and upholding the serenity of the society

The Onam speech was delivered by Dr. Ly dia Eric, Head Department of Psychology. She explained the significance of Onam celebration. It was followed by the cultural fest where students performed cultural events like Kerala folk dance - kaiko tti kali and group songs. Later the Chief Guest announced the result of the competitions conducted. The vote of thanks was delivered by Ms. R. Anuradha, Vice-President of the Students' Union.

"HELLO! JAPAN" PROGRAM



"HELLO! JAPAN"PROGRAM-Haiku workshop and Japanese film screening wa ducted on 25th October, 2019.

Ms. Geethanjali. Rajan, language consultant and trainer, gave a lecture of Haiku, which is the short form of Japanese Poetry. Japanese learning students actively composed, Haiku in Japanese. After the lecture, students watched the Japanese film "Dad's Lunchbox."

GOLU CELEBRATION



Galu is the festive display of dolls and figurines in South India during the autumn festive season, particularly around Navaratri. Golu was celebrated on 04.10.2019.

DEPARTMENT OF MATHAMATICS

STAFF MEETING

On account of the Teacher's Day the 5th September 2019, staff of the Department of Mathematics had a discussion with Dr.M. Muragan, professor of Mathematics and Head, School of Science, Tamil Nadu Open University, on improving the student's strength, making the student's learn the concepts from very basic level.



STATE LEVEL WORKSHOP

On 13th September 2019 the department organized a workshop on Open Source Softwares in Math. Dr. J. Sengamalaselvi gave a lecture and demo in the GEOGEBRA, Dr. D. Vijayalakshmi delivered her lecture on the GRIN Software, Dr.K. Bharathi gave demo on the SAGE software. Students from various colleges attended the workshop.

INTER COLLEGIATE COMPETITIONS

An Inter Collegiate competitions SOMATH' 19 was organized on 30th September 2019. Around 130 students from 12 colleges enthusiastical by articipated.



MACHINE LEARNING IN PYTHON

Aiming to teach the basic algorithms of Python to the UG students of various colleges, a two day workshop on 'Machine Learning in Python' was held on September 16th & 17th 2019. The chief guest was Mr. Paul Sunder Singh, vice President of Accenture Solutions

The technical session was conducted by Mr. Barani Kumar an IT Professional. The event was organized to impart effective learning of Python algorithms.



பாரதி நாள் விமா - பட்டிமண்டபம்

துமிழ்த்துறை இலக்கணப் பயிலரங்கம்

12-09-2019 அன்று பாரதி நாள் விழாவில் பாரதி கவிதைகளில் விஞ்சி நிற்பது இயற்கையா? பொழியா? எனும் தலைப்பில் அமைந்த பட்டியண்டபத்திற்குத் தமிழ்த்துறை உதவிப்போனிரியர் முனையர் அரு. அபிராமி அவர்கள் நடுவராக இருந்தார். இவ்விழாவில் கல்லூரியின் முதல்வர் முனைவர் ம. சம்ஷாத், முன்னாள் மாணக்கியர்ப் பேரவை இயக்குழர் முனைவர் இரணி கிறின்னுதாஸ் ஆகியோர் கலந்துக் கொண்டு வாழ்த்துரை வழங்கினர்.

இயற்கையை! எனும் அணியில் இளங்கலைத் தமிழ் மூன்றாமாண்டு மாணவி மு. சித்ராகமல், இளங்கணைத்தமிற் இரண்டாமாண்டு மாணவி ஜெ. நிஷாந்தி, இளங்கணைப் பொருளியல் மூன்றாமாண்டு மாணவி ப. பிரியதா்டினி ஆகியோரும், மொழியே! எலும் ஆணியில் இனங்களைத்துகிற மூன்றாமான்டு மாணவி ஆ.ஸ்டெல்லா பேரி, முதலாமன்டு தகவல் தொழில்நுட்ப வேலாண்மையியல் மாணவி மு. ராஜஸ்ட் இரண்டாமான்டு வணிகளியல் மாணவி கி. ஐல்வர்யா ஆகியோரும் தம் கருத்துக்களைச் சிறப்பான முறையில் எடுத்துக் கூறினர். நாம் ரசிக்கும் இயற்கையின் அழகை வெளிப்படுத்த மொழியே நமக்குத் தணைறிற்கிறது என்று தீர்ப்பு வழங்கப்பெற்றது.

கூய்வாங்கம் - 9

19-09-2019 அன்று தமிழியல் ஆய்வுகள் எனும் தலைப்பில் ஆய்வரங்கம் நடைபெற்றது. ஆய்வரங்கத்திற்குத் தமிழ்த்துறை உதவிப்பேரசிரியர் முனைவர் அரு. அபிராமி அவர்கள் அலைமை வகிற்று, பக்தி இலக்கியத்தில் மூவர் பாடிய திருத்தலங்கள் எனும் அமைப்பில் ஆய்வுரை நிகழ்த்தினார். அவரைத் தொடர்ந்து இளங்கலைத் தமிழ் மூன்றாமாண்டு மாணமி பே, சாந்தி நாட்டுப்புற இலக்கியத்தில் பழமொழி உணர்த்தும் பண்பாடு, இளங்கணைத் தமிழ் இரண்டாமாண்டு மாணவி சே.லிபா எங்க இலக்கியத்தில் மனித நேயம், இனங்கலைத் தமிழ் இரண்டாமாண்டு மாணவி ஹ.சமீமா பாலு சங்ககாலம் முதல் இக்காலம் வரை கல்வியின் சிறப்பு, ஆகிய தலைப்புகளிலும் உரை நிகழ்த்தினர்.

அவர்கள் – தொல்காப்பிய வாசிப்பு முறை

ஆகிய தலைப்புகளில் மாணவர்களுக்கு இலக்கணம் குறித்த செய்திகளைச் சிறப்பு விருந்தினர்கள் பயிற்றுவித்தனர், பயிலரங்கில் 17 கல்லூரியைச் சேர்ந்த பேராசிரியர்களும் மாணவர்களும் கலந்துக் கொண்டு பயனடைந்தனர், பயிலரங்கில் கலந்துக் கோள்டவர்களுக்குச் சான்றிவுந்கள் வழங்கப்பெற்றது.

இலக்கிய அழங்கம் - 2



21-09-2019 ஆன்று சேவா இகேதா கலை மற்றும் அறிவியல் மகளிர் கல்லூரி மற்றும் அம்பத்தூர் இலக்கு வளார் இலக்கியப் பேரமை இணைந்து நடத்தும் இலக்கிய அரங்கின் கட்டம் குறள் வாழ்த்துடன் தொடங்கியது. இலக்குவனார் இலக்கியப் பேரவையின் ஒருங்கிணைப்பாளர் கவிஞர், செம்பை சேவியர் அவர்கள், சிறப்பு விருந்தினர் கவிஞர் முனைவர் மின்னூர் சீனிவாசன் அவங்கள், இலக்குவனார் இலக்கியப் பேரவையின் செயலர் புவவர் தேவதாக ஆகியோர் விழாவில் கலந்துக் கொண்டனர்.

மாணாக்கரின் செற்பொழிவிற்குத் தமிழ்த்துறை பேரசிரியர் முனைவர் தே. இராளி எலிலிபத் அயர்கள் தலைமை வகித்து தலைமையுரையாற்றினார். குழந்தோகை பாடல்களை விளக்கி நான்கு மாணலியர் சொற்போழிவு நிகழ்த்தினர். சிறப்பு விருந்தினர் முனைவர் மின்னூர் சீனிவாகன் அவர்கள் பாவேந்தரும் தமிழ் எழுக்கியும் பொருண்ணம்கில் சிழப்புரையாற்றினார்.

இலக்கிய அரங்கம் - 3

19-10-2019 அன்று சோகா இகேதா ிருழுக்க ரிர்கவ க்யினிறு, வறுற்ற கைக மற்றும் அம்பத்தூர் இலக்கு வளார் இலக்கியப் பேரவை இணைந்து நடத்தும் இலக்கிய அரங்கின் கூட்டமானது ருநன்வாழ்த்துடன் தொடங்கியது. இலக்குவளார் இலக்கியப் பேரவையின் ஒருங்கிணைப்பானர் கவிஞர். செம்பை சேவியர், சிறப்பு விருந்தினர் முனையர் கப. வீரபாண்டியன் அவர்கள், இலக்குவனார் இலக்கியப் பேரவையின் செயலர் புலவர் தேவதாக, கவிஞர் மில்டன் ஆகியோர் கலந்துக் கொண்டனர். மாணாக்கரின் சொற்பொழிவிற்குத் தமிழ்த்துறை போசிரியர் முனைவர் ஏ.கீதா அவர்கள் தலைமை வகித்து தலைமையுரையாற்றினார். குறுந்தோகை பாடல்களை விளக்கி மூன்று மாணாக்கியர் சொற்பொதிவு நிகழ்த்தினர். கவிஞர் மில்டன்

அவர்கள் கீழடி ஒரு பார்வை எனும் தலைப்பில் சிறப்புரை நிகழ்த்தினார். சிறப்பு விருந்தினர் முனைவர் கப, வீரபான்டியன் அவர்கள் நம் வாழ்க்கை நம் கையில் எனும் தலைப்பில் மாணவர்கள் நேரத்தை சரியான முறையில் பயன்படுத்த வேண்டும் என்றும் வாழ்வில் முன்னேறும் வழிகளையும் எடுத்துக் கூறி மாணமிகளை ஊக்கப்படுத்தினார்,

கூய்வாங்கம் - 10

29-11-2019 அன்று தமிழர் சால்புகள் – சங்க காலம் முதல் இக்காலம் வரை எனும் அலைப்பில் ஆய்வரங்கம் நடைபெற்றது. ஆய்வரங்கத்திற்குத் தமிழ்த்துறை உதவிப்போசியர் ஆஷ்டும் நிரை அவர்கள் தலைமை வகித்து, சிதம்பர நினைவுகள் – மனிதம் எலும் அலைப்பில் ஆய்வுரை நிகழத்தினார். அவரைத் தொடர்ந்து தமிழ்த்துறை மாணமிகள் உண இகழ்த்தினார்.

விருது வழங்கும் விழா

தமிழ்த்துறை சோகா தமிழ்ப் பேரவையால் பௌரிசியசில் உள்ள வடுச்சே அரசாங்கப்பள்ளியில் துணைத் தலைமை ஆசிரியர் உயர்திரு. சிவன் பெருமான் முதலியார் வையாழி அவர்களின் ஆன்மீலப் பணியைப் பாராட்டி ஆன்மீக வேந்தர் என்னும் பட்டம் வழங்கப் பேற்றது.

இலக்கிய அரங்கம் - 4

30–11-2019 அன்று அமிழ்த்துறை முற்றும் இலக்குவளார் இலக்கியப் பேணவ இணைந்து நடத்தும் இலக்கிய அரங்கம் நடைபெற்றது. இதில் தமிழ்த்துறை உதவிப்போசிரியர் முணையர் தி.வ., சந்திரிகா அவர்கள் தலைமை வகித்தார். திருவள்ளுவர் பெரிதும் வற்புறத்துவது மக்களாட்சியா? மன்னராட்சியா? எலும் தலைப்பில் நடைபெற்ற சிறப்பு இலக்கியப் பட்டிமண்டபத்திற்கு இலக்கு வளார் இலக்கியப் பேரவையின் செயலர் புலவர் உ., தேவதாக அவர்கள் நடுவராக இருந்தார்.

In continuation of the NET/SET Preparatory Lecture Series, a special lecture on 'Augustan Age' was delivered by Ms.D.Deepa, Assistant Professor of English, on 13.09.19. Mrs. C.Rajeswari, Assistant Professor of English, Anna Adamh College delivered lecture on 'Romantic Age' on 16.09.19. She elaborated on important writers and special features of the romantic period.

Dr. S. Balasubramanium, Assistant Professor of English, DRBCCC Hindu College delivered a special lecture on 'Victorian Age' on 26.09.19. On 28.09.19, Dr. Anita Balakrishnan, Associate Professor and Head, Department of English, Queen Mary's College, Chennai, highlighted on "American Literature". She outlined the social background, the origin and growth of American literature



Soka English Association organized inter departmental competition on 30.09.19. The Competitions like 'Poster Making', 'Slogan Writing' and 'Oratorical Competition' were conducted on the tonics: Amazon Forest fire. Green World and Environmental issues respectively.

DEPARTMENT OF COMMERCE WORKSHOP ON GST



With an objective to update knowledge and understanding of Goods and Services Tax, the department of commerce organized, a one day workshop on GST on 01.10.2019. GST officers Shri.G.Ravindranath IRS, Commissioner, Ms.Manasa Gangotri Kata IRS, Joint Commissioner, Ms. Vadivukarasi Assistant Commissioner were the Chief Guests. Mr. Madhiv man Superintendent, GST and Ms. Vadi vukaras i Ass istant Commiss ioner spoke about the sali ent features of GST, benefits, framework, through a Power point presentation on GST.

On the eve of Gandhi Jayanthi, the Chief Guest Shri.G.Ravindranath, IRS conducted a quiz competition on Gandhian Philosophy and distributed various prizes for the same.

DEPARTMENT OF PSYCHOLOGY TWO DAY NATIONAL WORKSHOP ON INTEGRATIVE PSYCHOTHERAPY

The Department of Psychology organized a two day National workshop on "Integrative psychotherapy", on 30" September and 1" october 2019. Students from our department and students from city colleges attended the workshop. The total numbers of students were restricted to 40.

Our resource person Dr L. Sam S.Manickam was a professor of clinical sychology from



Thiruvananthapuram. The workshop commenced with an inauguration. The chief guest was Dr Sarah Manickraj, Associate Professor, department of psychology, Presidency college, Chennai Dr shamshath our principal gave the special address commending the department for its efforts in organizing the work shop. Miss Shalini, class representative, thanked all.

The resource person explained skills to be acquired and avoided by therapist with demonstrations. This enabled students to comprehend and grasp the skills with ease. The students gave positive feedback and felt happy with the new learning of a skill. Certificate were distributed by our Secretary Mrs. Kogi lam Kumanan.

ENRICHMENT PROGRAMME

Shalini attended a special program on Gender sensitization, prevention of child sexual abuse on 26.10.2019 organized by social work department.

Three students' Zeenath, keerthica sree, and Shalini attended a day's awareness ogramme on 4th October organized by department of psychology; Women's Christian college in collaboration with Psycafé. This programme comprised of topics on prevention of suicide and scope of psychology in upcoming areas. It was an enriching experience for the students who attended and they received certificates for the same.

Keerthica sree, Meronica, Rakshana, Zeenath and Ragabrindha attented a lecture on Childrights, problem ending all forms of violence on Oct. 23rd 2019.

DEPARTMENT OF COMPUTER APPLICATIONS WORKSHOP ON "ROBOTICS"



The Department of Computer Applications in association with D'Cyborg India and ALB Multimedia conducted two days National Level works hop on "Autonomous Robotics" on 23 and 24" September, 2019. Mrs.M.Grace, Head, rendered the welcome address and Mrs. C.T.Ashita, Assistant Professor introduced the chief guest. Principal Dr.M.Samshath honored the chief guest and addressed the gathering. The chief guest Mr.Durga Prasad Yadav, Senior Research Engineer, D'Cyborg India gave the inaugural address about the workshop.

For hands-on training, Robotic kits were provided to the students. The topics discussed were basics of robot electronics, fundamental electrical concepts, transistors and motor drivers sensors. The second day dealt with the basics of a microcontroller. The focus was on the AVR. series micro controller, ATMega8, which is one of the most powerful and widely used 8 bit micro control lers.

Around 55 students and 3 staff from various colleges and 45 students from our college attended and benefited from this work shop. The session ended with a vote of thanks rendered by department Secretary Ms.R. Dhanalakshmi,

DEPARTMENT OF BIOCHEMISTRY WORKSHOP & HANDS-ON TRAINING IN ELISA



The Department of Biochemistry organized a Workshop Hands-on training in ELISA echnique in association with Kavin Bioresearch on 18.09.19. Dr. G. Kalyan Kumar, Research Scientist, Vanta Bioscience was the chief guest. Mrs. B.Meem Munugesh, Vice-Principal and Head welcomed the gathering followed by introduction of the chief guest by Mrs. D. Subhashini, Asst. Prof. and Mrs. S. Sarada, Asst. Prof., presented the departmental

The chief guest Dr. G. Kalyan Kumar addressed the students on the importance of gaining practical knowledge on the subject. He also insisted to the students, to get updated with the recent developments and research in the subject. The afternoon session was, a hands-on training on ELISA. The session was conducted by Dr. P. Vinith a Lakshmi, Project coordinator and Manager, Kavin Bioresearch. Nearly 40 students from various colleges and 20 students from the department took part and were benefited by the workshop. Certificates were distributed.

INDUSTRIAL VISIT - SGS INDIA PVT LTD



The Department of Biochemistry arranged an industrial visit to SGS India Pvt. Ltd., Ambattur, Chennai for the students on 18.10.2019. SGS is the world's leading inspection, verification, testing and certification company.

The students visited various laboratories in the industry, such as microbiology lab, biochemistry lab, mineral testing, food analysis, water and air testing laboratories. They explained the procedures adopted to verify the quality of food. The students also had an opportunity to view and understand the working of various instruments such as, GCMS, ICMS, Bomb Calorimeter, IEC. The visit proved to be very useful for the students as these subjects forma part of their Syllabus.

DEPARTMENT OF PHYSICS WITH COMPUTER APPLICATIONS SCIENCE QUIZ COMPETITION

Inter Departmental Science Quiz competition for Science departments were organized by the final year students and staff members on 9th October 2019. Head of the Department Dr. M. Abila Marselin welcomed our Alumnae Director, Dr. Rani Christudhas graced the programme. The final year students Tamilarasi, Janan;



Nandhini, Vishnu Priya, Ni vedha, Thomnozhi and Sarmila organized this programme. At the end of this programme Oratory competition based on the topic "Physics related to environmental science" and Poster making based on the concept "Newtons Laws of motion" was also conducted.

DEPARTMENT OF TOURISM AND TRAVEL MANAGEMENT



On October 1, 2019, The Department of Tourism & Travel Management organized a Workshop on "COMPUTER RESERVATION SYSTEM". The Chief Coordinator of Air Career Academy, Mrs. E.A. Sabih a Almaas was the chief guest of the program. She explained about the importance of CRS in Tourism industry, especially Airlines. She highlighted the job opportunities in the field of tourism. The event ended with a Quiz Program conducted by the staffs of Department of Tourism and Travel Management. Cash Prize was provided for the winners. Students from various colleges participated in this event. At the end of the session, centificates were provided for the students.

DEPARTMENT OF HUMAN RESOURCE MANAGEMENT EVENT MANAGEMENT-SPECIAL LECTURE

A one day special lecture on Event Management was held on 13° September 2019. The sessions focused on how to organize an event success fully. Mr. A. John Dilip Kumar, founder of KIC presided over the first session, he made the session so interesting and interactive by conducting various



activities. Chief Guest of the second session was Mr. Thinuveng adam, Entrepreneur and Ms. V. Ishvary a Event Manager of Fab Events, spoke about how to become a successful entrepreneur and gave many ideas to the students how to start a business, and also shared their life experiences by encounging our students to become an entrepreneur.

INTERACTIVE TRAINING PROGRAM ON HUMAN RESOURCE

A three days Interactive Tmining program on Human Resource was organized on 25, 26, 27th September 2019. On the first day, Mr. S. Pandiyarajan, CEO, S.P Institute and Mr. M. Dinesh Kumar Trainer and Director of Dream Beyond Training Academy, discussed about the skills required to become a successful HR Recounter. On the



second day Mr.S. Ragavendra Senior Executive HR, Godrej & Boyce and Mr. S.B Kathiresan Senior Executive HR, explained about various concepts of Industrial Relations, followed in the organization. On the third day Mr. C. Raj Senior Executive HR, Flextronics, trained the students how to face the interview with confidence. The program came to an end with the distribution of certificates to the students by Vice Principal Mrs. B. Meera Muragesan.

PARTICIPATION IN SR. THECLA ENDOWMENT LECTURE



MSW students participated in Sr. Theela Endowment Lecture titled "The Social Impact of Operation Flood" by Dr. Ms. Nirmala Kurien (Head HR Shazikara Nethralaya) at Stella Maris College on October 1, 2019.

DEPARTMENT OF ECONOMICS WORKSHOP ON EXPORT ORIENTED PROCEDURES



The Department of Economics organized a workshop "Export Oriented Procedure" on 25" September 2019. Mr.M. Ramachandran, M.A., M.A., B.T., C.A.I.I.B. Director, Excellent Export Training Centre was the resource person. In his address, he motivated the students to become an entrepreneur and elaborated on the export procedures such as selecting the name, GST., joint account, partnership and Import export code, also export products, trading bills and bank loan procedures. The department organized off stage event poster making and on stage event. The chief guest appreciated the participants and distributed the prizes. The vote of thank is was delivered by Mrs. T.Sas ikala.

DEPARTMENT OF SOCIAL WORK NGO VISIT AND LIVE COMMUNITY RADIO PARTICIPATION

The Department of Social work visited Nalamdana on August 13, 2019. MSW students along with Ms. Dhanalakshmi Rajendran, Asst. Prof & Head Department of Social Work took part in the Live Discussion in Thendral Community Thendral Community Thendral Office Ms. Ms. Shilpakala, Ms. M.



Nandhini, Ms. GunaChitra and Ms. NishaKumari participated in the Live Interaction and sharing their personal life.

Ms. Keerthika, Ms. Yamun a and Ms. Vijaya Lakshmi presented a brief skit on protecting children and teenagess from On line Sexual Predators.

AWARENESS OFF NUTRITIOUS DIET



To commemorate the National Nutrition Month September 2019 Department of Social Work organized a brief NUTRITION AWARENESS street theatre amongst the College Students during the break. The importance of balanced nutritio us diet, intake of iron and calcium rich food was imparted to the students.

Vegetable queen dressed up with vegetable accessories, emphasized the importance of intake of healthy vegetables

and greens. The audience were excited to interact with the vegetable queen about the health benefits of vegetes.

NGO VISIT AND INTERACTION AT THE SMC DRIVE



The students of the Department of Social Work visited the SMC Drive- Outreach Programme of Stella Maris College. The students attended the orientation by Dr. Catherine Joseph, Convenor of the Community Projects and interacted with the project Coordinators and discussed about the various interventions and the impact at the Community Level on October 1, 2019.

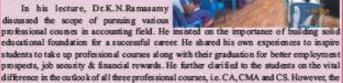
TALK ON GENDER SENSITIZATION AND PREVENTION OF CHILD SEXUAL ABUSE

The Department of Social Work in association with Aid India organized a special programme on Gender Sensitization and Prevention of Child Sexual Abuse on October 23, 2019. Ms. Revathy Ramkumar - M. Tech, M.S. Health Care Management (UK), Programme Coordinator UK was the resource person. Totally 45 students form UG and PG courses participated in the Talk.

DEPARTMENT OF ACCOUNTING & FINANCE

The Department of Accounting and Finance Shift II hadorganized a guest lecture on "Path to professional success" for our students on 19th September, 2019. The speaker was Prof. Dr.K.N.Ramasamy, who is presently the director of RRAcademy, an institution that creates Accounting professionals like CA, CS,

courses have similarity with regard to syllabus.





ROTARACT **INTERNATIONAL EDUCATION CAREER FAIR 2019**



The Rotary International District 3232 along with the District Rotaract Council conducted. International Education Career Pair 2019, in association with Thirdwave Oversess Education at Vivekananda Auditorium, Anna University, Chennai on October 19. 2019

ROTARACT ORIENTATION PROGRAMME

The orientation programme for the rotaract students was organized by the club on 12.9.2019. Two experts were invited. The Master of Ceremonies Mr. Sakthi who has hosted more than three hundred events in popular channels like Star Sports, Sun Tv, Indian



Premier League, Radio Mirchi, gave a motivational speech to the students. His performance was very dramatic and he asked the students to come forward and he involved them in physical activities that would improve their listening and concentration power. Resource person Mr. Vignesh mo tivated the students.

YOUTH RED CROSS



The Youth Red Cross unit organized a orientation programme on 17.09.19. The Chief Guest of the programme was Ms. B. K. NEELIMA, Practitioner of Rajayoga meditation, a dedicated Teacher of Bushmakumaris and B. K. UMA, Rajayoga teacher. They shared the importance of meditation and self satisfaction

CHRISTMAS DAY CELEBRATION



Christmas Day was celebrated on 19.12.19. Reverent Father Jerome, CMF, Principal of St. Claret Matriculation Higher Secondary School, Thirumindravur was the Chief Guest of the day. Rev. Father Jeto me recounted a story from his personal life and explained the Significance of Christmas day. He said respecting parents one can serve God and gain his blessings. He narrated the story of Diana to explain the sel fless love of all mothers. He advised the students to have pass ion, hunger and discipline to achieve bigger in life. He ended his Christmas message with thestory of "Oru Manith an Pinanthaan" and conveyed his wishes to all.

ENACTUS CLUB

Enactus Club inaugurated tailoring classes to install entrepreneurial skills in students. Also Enactus Club with the help of expert trainer organizes comprehensive driving classes to students. Enactus Club in association with Dreamzone Scholl of creative



studies conducted a works hop on creating classy handbags from old jeans on 03.10.19.

NSS



The NSS units organized several programmes for the month of September and October. The tember month was celebrated as Nutrition month-POSHAN MAAH and many programmes were conducted such as Nutriti on and Awareness lecture by Dr.S.K. Pounkuzhal i, Guest Lecturer, Tamil Nadu Physical Education and Sports University, Food Expo, Awareness Rally, Class to Class campaign, Campaign in Sethu Bhaskam School, Poster competition to name a few. Apart from this Personality development programme, Mega Palm Seed plantation, Visit to Anandam Old Age home, Wall painting at Madhanangkuppam Lake etc., were some of the activities done enthusiasticall yby the NSS students.

NCC



and gave ainspirational speech to the cadets. RDC CAMP

Two NCC Cadets was selected for PRE IGC camp from (22/9/19 -30/9/19), CDTS.YOGALAKSHMI, CDT.D.KOKILA



SPORTS

FOOTBALL B-ZONE RUNNERS-UP



Our College Football team players secured Runners-Up place at Madms University B-Zone Football Tournamenthel dat D.R.B.C.C.C Hindu College on 8-10-2019

FOOTBALL INTER-ZONE



10 students were selected to participate in the B Zonal Team for the Inter-Zone Football To urnamenth eldat SDNB Vaishnav College on 10th & 11th October 2019.

J. Isab el la Arockiamary. I M.A English, S. Shruthi, III B.A English, S. Vincila Mary, II B.A Tamil, I. Maria Jeyanthi, II B.A Tamil, I. Amala Jenisha, II B.A Tamil, T. Arockia Lusiya, II B.A Tamil, S. Sangeenani, II B.A Tamil, T. Siva Deepika, II B.A Economics, V. Yogalakshmi, II B.A Economics, J. Rosel ine Abila, II B.A English

LMaria Jeyanthi of II B.A Tamil, J.Arockia Lusia of II B.A Tamil were selected to represent the University of Madras Football (Women) Team for the South Zone Inter-University Football Tournament which was held at Christ University, Bangalore from 29th October to 1st November 2019.

KHO-KHO INTER-ZONE



Students were selected to participate in the B Zonal Team for the Inter-zone Kho-Kho-Tournament and they secured III Place, which was held at D.B Jain College on 27th September 2019.

T.Nandhini, III B.COM, M.Nayanika, III B.COM ISM, D.Vijayalakshmi, III B.A Economics, K.Asha, I.B.ATamil

D. Vijayalaks hmi of III B.A Economics represented University of Madras Kho-Kho Team for the South-Zone inter-University Kho-Kho Tournament held at Dr.B.R. Ambedkar University, snikakulam from 3rd to 5th October 2019.

ATHLETICS

33 rd Junior District. Athletic Championship was organized by Tamilnadu. Athletic Association heldat Jawaharlal Nebrus tadium on 1st September 2019.

A.Nithinsha, III B. AEnglish, (1500 mts) 3000 mts, Silver Medal.

33 nd Junior State Athletic Championship was organized by Tamilnadu Athletic AssociationheldatErode on6thto 8th October 2019.

A.Nithinsha, III B.A English, 3000mts, Brenze Medal, J.Manica Priya, I B.com ISM, 3000 mts, Silver Medal.

CROSS COUNTRY RACE

A.Nithinsha of III B.A English & K. Vaijeyanth imala of IB. Com ISM represented Madras University Athletic Meet for the All India India Inter University Cross Country Race Competition organized by Andhm Pradesh University on October 10th 2019.

VOLLEYBALL



Students represented B-Zonal team for the inter-zone Volleyball Tournament and secured III place, which was held at D.B Jain College on 18-10-2019.

T.Geeth anjali, II B.Com, S.Suvetha, IB.A Economics, T.Kavitha, I B.Com, S.Sabitha, B.Com

Dr. SIR.A.L MUDALIAR ATHLETIC MEET



Our College Athletic Students secured Overall Runners-Up place in the 52nd Dr.Sir.A.L. Mudaliar Athletic Meet organized by Dept. of Physical Education, University of Madras held at Jawaharlal Nehru Stadium from 13th October to 16th October 2019.



A.Nithinsha, III B.A English, 5000mts, Gold Medal, 10,000mts, Bronze Medal.

S. Yamini , I B.A Economics, 5k/m Walk, Bronze

K.Vaijeyanthimala, I B.Com ISM, Half Marathon, Bronze Medal.

J. Sindhuja, I B.A English, Half Marathon, Bronze

V.L.Ak shaya, I B.A Economics, 100mts Hurdles, Bronze Medal.

S.Arivumathi, II B.sc, Maths, 5k/m Walk, Silver Medal.





RELIANCE ATHLETIC MEET

Our College Afti letic students own the Overall Runners-Up Place in the Reliance Youth Festival Afti letic Meet organized by Reliance Foundation held at Jawaharlal Nebru Stadium from 18th to 20th October 2019.

A.Nithinsha, III B.A English, 5000mts, 1500mts, Gold Medal, Bronze Medal, K.Vaijeyanthimala, I B.Com ISM, 5000mts, Bronze Medal, J.Sindhuja, I B.A English, 800mts, Bronze Medal, A.Nithinsha, K.Vaijeyanthimala, I B.Com ISM, J.Sindhuja, I B.A English, P.Dhi vyashree, III B.A English, 4 X 400 mts Relay, Silver Medal.

Our College Student R. Pavithra of I B.A English, represented Tamilnadu State for the National Level Judo Competition held at Manipur from 9th October 2019 to 18th October 2019.

Our College Student S. Vaan Vizhi of I B.A Economics has won the Bronze Medal in Junior State Weight Lifting Competition held at Tanjore on 7 & 8th September 2019.

Chairman Sir Appreciated Our College Sports Stars.

