



## **SOKA IKEDA COLLEGE OF ARTS AND SCIENCE FOR WOMEN**

(Affiliated to the University of Madras)

An ISO 9001:2015 Certified Institution

Accredited with B++ Grade by NAAC

Sethu Bhaskara Nagar, Madhanangkuppam, Chennai - 600099.

**As a part of Silver Jubilee Celebrations**

### **SPECIAL NEEDS CELL In Association with IQAC**

**Is Organising a Training program  
On  
Relaxation Techniques**

**Resource Person**

**Mrs. Srividhya Sudharson**

**School & Career Psychologist**

**Date : 23.09.2024**

**Time : 10.00 am**

**Ms. S. Mismitha, II BCom ISM**  
Joint Secretary, Special Needs Cell

**Ms. K. Shamini, III BA English**  
Secretary, Special Needs Cell

**Dr. Kanmani Subramanian**  
Vice Principal

**Dr. Meera Murugesan**  
Principal

**Mrs. Kogilam Kumanan**  
Secretary

**Dr. Sethu Kumanan**  
Chairman