



SOKA IKEDA COLLEGE OF ARTS AND SCIENCE FOR WOMEN
(Affiliated to the University of Madras)
Chennai 600 099, Tamilnadu.

SOKA YUVA SAKTHI PROGRAMME

ACHIEVEMENTS OF STUDENTS OF YUVA SHAKTHI PROGRAMME

2022-2023				
S.NO	NAME OF THE PLAYERS	DEPARTMENT	GAMES	GAMES & ACHIEVEMENTS
1	S. HARINI	III B. Com (ISM)	JUDO	Third Place in South Zone Khelo India and Participated in Senior National
2	D. PRIYA	III B.A. (ECONOMICS)	BOXING	Participated in Senior National Level
3	S. LOGESHWARI	III B. Com (ISM)	KHO - KHO	Second Place in National Games
4	K. CHEMBARUTHI	III B. Com (ISM)	KHO - KHO	Second Place in National Games
5	R. RAMYA	I B. Sc (BIOCHEMISTRY)	KHO - KHO	Participated in Junior National
6	K. SHALINI	III BA (ECONOMICS)	BOXING	Elite Women- National
7	J. MERLIN MARY	I BA (HISTORICAL STUDIES)	SOFT BASE BALL	Third Place in Senior & Youth National
8	K. KANIMOZHI	II B. Com (A&F)	FOOTBALL	Represented South Zone Inter University
9	B. HARSINI	I BCA	KHO - KHO	Represented South Zone Inter University
10	S. DEEPA	III B.A. (ECONOMICS)	BOXING	Represented All India Inter University
11	K. JOTHI	III B.A. (ECONOMICS)	JUDO	Participated in South Zone Khelo India
12	M. INDHU	III B. Com (ISM)	ATHLETE	Third Place in Triple Jump – AL Mudaliar Meet
13	K. KARTHIKA	II B.A. (ECONOMICS)	FOOT BALL	Participated in Inter-Zone
14	D. MADHUMITHA	I B. Com (A & F)	VOLLEYBALL	Participated in Inter-Zone
15	G. AMMU	I B.A. (TAMIL)	BASKETBALL	Participated in Inter-Zone
16	D. AROKIAMARY	I BCA	KHO-KHO	Participated in Inter-Zone
17	M. DHARSHANA	II BA (ECONOMICS)	FOOTBALL	Third Place in B-Zone
18	C.THANISHA	III B.A. (ENGLISH)	KHO-KHO	Third Place in B-Zone

2021 - 2022				
S.NO	NAME OF THE PLAYERS	DEPARTMENT	GAMES	GAMES & ACHIEVEMENTS
1	K. VAIJANANTHI MALA	III B. Com (ISM)	ATHLETICS	Secured Gold Medal in 5000mts Gold Medal in 1500mts in 6th Chev. Dr. N. R. Dhanapalan Inter Collegiate Meet. Secured Silver Medal in 10000 meters; Bronze Medal in 5000 meters in A. L. Mudaliar Athletic Meet
2	J. SINDHUJA	III B.A. (ENGLISH)	ATHLETICS	Secured Gold Medal in 800mts 6th Chev. Dr. N. R. Dhanapalan Inter Collegiate Secured Silver Medal in 800mts; Bronze medal in 5000 mts A.L. Mudaliar Athletic Meet
3	M. INDHU	III B. Com (ISM)	ATHLETICS	Gold in triple jump silver in long jump 6 th Chev. Dr. N.R. Dhanapalan Inter Collegiate Meet; Bronze in Triple Jump A. L. Mudaliar Athletic Meet
4	T. BRINDHA	II B.A. (ECONOMICS)	ATHLETICS	Gold Medal in 5km walk A. L. Mudaliar Athletic Meet
5	V.L. AKSHAYA	III BBA	ATHLETICS	Silver Medal in 1500mts A. L. Mudaliar Athletic Meet

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6	P. DIVYASHREE	III B.A. (ECONOMICS)	ATHLETICS	Bronze medal in 400mts - 6th Chev. Dr. N.R. Dhanapalan Inter Collegiate Meet;
7	J. MANICKA PRIYA	III B. Com (ISM)	ATHLETICS	Bronze in 200mts - 6th Chev. Dr. N.R. Dhanapalan Inter Collegiate Meet
8	S. YAMINI	III B. A. (ECONOMICS)	ATHLETICS	Silver in 5km walk A.L. Mudaliar Athletic Meet
9	M. INDHU J. MANICKA PRIYA P. DHIVYASHREE G. RITHIKA SHREE	II B.C om (ISM) III B.Com (ISM) III B.A. (ECONOMICS) I B.Com ISM	ATHLETICS	Gold in 4x100 Meters Relay in 6th Chev. Dr. N.R. Dhanapalan Inter Collegiate Meet
10	S. DEEPA	II B.A. (ECONOMICS)	BOXING	Secured Gold, Silver and Bronze Medals in different categories and represented in South Zone Inter University.
11	K. SHALINI	II B.A. (ECONOMICS)	BOXING	Secured Gold, Silver and bronze medals in different categories and represented in South Zone Inter University.
12	R. PAVITHRA	III B.A. (ENGLISH)	JUDO	Secured Gold, Silver and bronze medals and represented in State Senior & Junior Level Championship
13	K. JOTHI	II B.A. (ECONOMICS)	JUDO	Secured Gold, Silver and bronze medals and represented in State Senior & Junior Level Championship
14	S. HARINI	II B. Com (ISM)	JUDO	Secured Gold, Silver and bronze medals and represented in State Senior & Junior Level Championship

S.NO	NAME OF THE PLAYERS	DEPARTMENT	GAMES	GAMES & ACHIEVEMENTS
15	S. LOGESHWARI	II B. Com (ISM)	KHO-KHO	First position in National level
16	T. KAVITHA	III B. Com (GENERAL)	VOLLEYBALL	State Level & District Level organised in Vellakovil Volleyball Club, BG Sports Club, AVF Volleyball Foundation, Besant Nagar Sports Foundation, TNPESU State Level Rolling Trophy organised by University of Madras
17	S. SABITHA	III B. Com (GENERAL)	VOLLEYBALL	State Level & District Level organised in Vellakovil Volleyball Club, BG Sports Club, AVF Volleyball Foundation, Besant Nagar Sports Foundation, TNPESU State Level Rolling Trophy organised by University of Madras
18	S. NIKITHA	III B. Com (GENERAL)	VOLLEYBALL	State Level & District Level organised in Vellakovil Volleyball Club, BG Sports Club, AVF Volleyball Foundation, Besant Nagar Sports Foundation, TNPESU State Level Rolling Trophy organised by University of Madras

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19	K. SANGEETHA	III B.A. (TAMIL)	VOLLEYBALL	State Level & District Level organised in Vellakovil Volleyball Club, BG Sports Club, AVF Volleyball Foundation, Besant Nagar Sports Foundation, TNPESU State Level Rolling Trophy organised by University of Madras
20	S. SUVETHA	III B.A. (ECONOMICS)	VOLLEYBALL	State Level & District Level organised in Vellakovil Volleyball Club, BG Sports Club, AVF Volleyball Foundation, Besant Nagar Sports Foundation, TNPESU State Level Rolling Trophy organised by University of Madras
21	G. KALAIVANI	III B. Com (GENERAL)	VOLLEYBALL	State Level & District Level organised in Vellakovil Volleyball Club, BG Sports Club, AVF Volleyball Foundation, Besant Nagar Sports Foundation, TNPESU State Level Rolling Trophy organised by University of Madras

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22	L.GAYATHIRI	I B.A. (HISTORICAL STUDIES)	VOLLEYBALL	State Level & District Level organised in Vellakovil Volleyball Club, BG Sports Club, AVF Volleyball Foundation, Besant Nagar Sports Foundation, TNPESU State Level Rolling Trophy organised by University of Madras
23	K. BHARANI	I B.A. (HISTORICAL STUDIES)	VOLLEYBALL	State Level & District Level organised in Vellakovil Volleyball Club, BG Sports Club, AVF Volleyball Foundation, Besant Nagar Sports Foundation, TNPESU State Level Rolling Trophy organised by University of Madras
24	G. LOGASHREE	I B. Com (A&F)	VOLLEYBALL	State Level & District Level organised in Vellakovil Volleyball Club, BG Sports Club, AVF Volleyball Foundation, Besant Nagar Sports Foundation, TNPESU State Level Rolling Trophy organised by University of Madras

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25	K. KARTHIKA	I B.A. (ECONOMICS)	VOLLEYBALL	State Level & District Level organised in Vellakovil Volleyball Club, BG Sports Club, AVF Volleyball Foundation, Besant Nagar Sports Foundation, TNPESU State Level Rolling Trophy organised by University of Madras
26	U.S..KETANA	II B. Sc (BIO-CHEMISTRY)	VOLLEYBALL	State Level & District Level organised in Vellakovil Volleyball Club, BG Sports Club, AVF Volleyball Foundation, Besant Nagar Sports Foundation, TNPESU State Level Rolling Trophy organised by University of Madras
27	T. SOWMIYA	I B. Com (CORPORATE SECRETARYSHIP)	VOLLEYBALL	State Level & District Level organised in Vellakovil Volleyball Club, BG Sports Club, AVF Volleyball Foundation, Besant Nagar Sports Foundation, TNPESU State Level Rolling Trophy organised by University of Madras
28	M.DHARSHANA	I B.A. (ECONOMICS)	FOOTBALL	Runners in Inter Zone Football Tournament
29	V.KANIMOZHI	I B.A. (ECONOMICS)	FOOTBALL	Runners in Inter Zone Football Tournament

S.NO	NAME OF THE PLAYERS	DEPARTMENT	GAMES	GAMES & ACHIEVEMENTS
30	K. KANIMOZHI	I B. Com (A&F)	FOOTBALL	Runners in Inter Zone Football Tournament
31	J. JOSEPHINE MARY	I B. Com (GENERAL)	FOOTBALL	Runners in Inter Zone Football Tournament
32	K. DHARANI	I B.A. (HISTORICAL STUDIES)	FOOTBALL	Runners in Inter Zone Football Tournament
33	K. ASHA	III BA (TAMIL)	KHO-KHO	Third position in Inter Zone Kho-Kho Tournament
34	V.PREETHI	III B. Sc (BIOCHEMISTRY)	KHO-KHO	Third position in Inter Zone Kho-Kho Tournament
35	P. SOUNDHARYA	III (BCA)	KHO-KHO	Third position in Inter Zone Kho-Kho Tournament


2019-2020

S.NO	NAME OF THE PLAYERS	DEPARTMENT	GAMES	GAMES & ACHIEVEMENTS
1	A. NITHINSHA	III B.A. (ENGLISH)	ATHLETICS	Gold in 1000mts & 5000mts Dr. A.L. Mudaliyar Athletic Meet
2	K.VAI JEYANTHI MALA	I B. Com (ISM)	ATHLETICS	Gold in Half Marathon Dr. A.L. Mudaliyar Athletic Meet
3	J. SINDHUJA	I B.A. (ENGLISH)	ATHLETICS	Bronze in Half Marathon Dr. A.L. Mudaliyar Athletic Meet
4	S. YAMINI	I B.A. (ECONOMICS)	ATHLETICS	Gold in 5km walk Dr. A.L. Mudaliyar Athletic Meet
5	V.L.AKSHAYA	I BBA	ATHLETICS	Bronze in 100mts Hurdles Dr. A.L. Mudaliyar Athletic Meet
6	S. ARIVUMATHI	II B. Sc (PHYSICS)	ATHLETICS	Bronze in 5km walk Dr. A.L. Mudaliyar Athletic Meet
7	J. ISABELLA AROCKIA MARY & Team	I M.A. (ENGLISH)	FOOTBALL	Silver in B-zone Football Tournament conducted by University of Madras

S.NO	NAME OF THE PLAYERS	DEPARTMENT	GAMES	GAMES & ACHIEVEMENTS
8	S. SABITHA & Team	I B. Com (GENERAL)	VOLLEYBALL	Silver in B-zone Volleyball Tournament conducted by University of Madras Bronze in Inter Zone volleyball Tournament conducted by University of Madras
9	M.NAYANIKA &Team	III B. Com (ISM)	KHO-KHO	Bronze in B-zone Kho-Kho Tournament conducted by University of Madras Bronze in Inter Zone- Kho-Kho Tournament conducted by University of Madras

2018-2019				
S.NO	NAME OF THE PLAYERS	DEPARTMENT	GAMES	GAMES & ACHIEVEMENTS
1	S. VIMALA	III B.A. (ENGLISH)	ATHLETICS	Silver in 1000mts Half Marathon Relay in A.L Mudaliar Athletic Meet
2	S. RAKSHANA DEVI	III B. Com (GENERAL)	ATHLETICS	Bronze in Javelin In A.L Mudaliar Athletic Meet
3	G. KAVITHA	II B.A. (ENGLISH)	ATHLETICS	Bronze in Relay 4*400 in A.L Mudaliar Athletic Meet
4	A. NITHINSHA	II B.A. (ENGLISH)	ATHLETICS	Bronze in Relay 4*400 in A.L Mudaliar Athletic Meet
5	S. RUCHI	III B. Com (GENERAL)	ATHLETICS	Bronze in Relay 4*400 in A.L Mudaliar Athletic Meet
6	J. ISABELLA AROCKIAMARY & Team	III B.A. (ENGLISH)	FOOTBALL	Silver in B-zone Football Tournament conducted by University of Madras
7	G. ENIYA & Team	II M.A. (ENGLISH)	VOLLEYBALL	Silver in B-zone Volleyball Tournament conducted by University of Madras
8	R. VIDHYA & Team	II M. Com	KHO-KHO	Silver in B-zone Kho-Kho Tournament conducted by University of Madras




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