



**SOKA IKEDA COLLEGE OF ARTS AND SCIENCE FOR WOMEN**  
(Affiliated to the University of Madras)  
Chennai 600 099, Tamilnadu.

**5.1.2 Following capacity development and skills enhancement activities are organized for improving students' capability**

- 1. Soft Skills**
- 2. Language and Communication Skills**
- 3. Life Skills (yoga, physical fitness, health and hygiene)**

<b>S. NO.</b>	<b>DESCRIPTION</b>	<b>LINK</b>
1	Soft Skills, Language and Communication Skills, Life Skills (yoga, physical fitness, health and hygiene): 2022-2023	<a href="#">View</a>
2	Soft Skills, Language and Communication Skills, Life Skills (yoga, physical fitness, health and hygiene): 2021-2022	<a href="#">View</a>
3	Soft Skills, Language and Communication Skills, Life Skills (yoga, physical fitness, health and hygiene): 2020-2021	<a href="#">View</a>
4	Soft Skills, Language and Communication Skills, Life Skills (yoga, physical fitness, health and hygiene): 2019-2020	<a href="#">View</a>
5	Soft Skills, Language and Communication Skills, Life Skills (yoga, physical fitness, health and hygiene): 2018-2019	<a href="#">View</a>