

3.4.1 Extension activities are carried out in the neighborhood community sensitizing students to social issues for their holistic development and impact for the last five years.

<u>2022 - 2023</u>

Rally & Awareness on the Importance of Mental Health - 10.10.2022

<u>Objective</u>: To create awareness on the importance of mental health.

On 10.10.22, about 20 students of the department of Psychology went on a rally on World Mental Day at Senthil Nagar, Chennai. The rally aimed at bringing awareness to the public on the 'The importance of Mental health'. Students carried slogans which highlighted the importance of mental health.





<u>Outcome</u>: Students created awareness on mental health to the public.



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Bad Touch & Good Touch - 07.02.2023

<u>Objective</u> : To create awareness on bad touch & good touch to the students.

The Department of Human Resource Management conducted an Awareness Programme on Bad Touch and Good Touch for the students of the Government Higher Secondary School, Madhanangkuppam on 7th February 2023. Students taught the young minds about Bad touch and Good touch to avoid gender issues.





<u>Outcome</u>: Students learnt the difference between a good touch and a bad touch.



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Competitions and Games – 15.03.2023

Objective: To teach the importance of cleanliness.

Theory can be taught inside four walls but values and qualities need hands on experience. One such experience is provided to the students of the department of Human Resource Management through an Outreach Program on 15th March 2023 at Municipal Higher Secondary School, Lakshmipuram. This programme taught the students various skills and life values. Quiz and games were conducted on the topic "Clean India". Students actively participated in the competitions.



Outcome:

The students of the Municipal Higher Secondary School at Lakshmipuram learnt about cleanliness through the games and competitions.



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Competitions on Basic Computing Skills – 20.03.2023

<u>Objective</u> : To motivate students to learn the basics of computing skills.

On 20th March 2023, the Department of BCA organized a visit to Govt. Higher Secondary School, Vadakarai. A group of 19 students visited the school. The students from BCA department organized events such as quiz, games, mime etc., for the school students on basic computing skills. All middle school children actively participated in the events.



<u>Outcome</u>: Students from Govt. Higher Secondary School, Vadagarai learnt the basics of computer.



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Personal Hygiene and Health Awareness Programme - 21.03.2023

<u>Objective</u>: To create awareness on the need for good sanitation and hygienic life.

The Department of Information System Management organized an outreach programme on 21.03.2023 at SMS Rice Mill, Periyar Nagar, Redhills. 14 students visited the rice mill and gave awareness to the labours about cleanliness and the importance of sanitation. Women were provided with sanitary napkins, soap, tooth paste and other essentials.





<u>Outcome</u>: Awareness created about sanitation to SMS Rice Mill female workers.



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Visit to Old Age Home - 23.03.2023

Objective: To recreate senior citizens of a Care Home.

The Department of Accounting and Finance conducted an Outreach Program at Athulya Senior Care, Arumbakkam on 23nd March 2023. Students interacted with the senior citizens and conducted cultural events. Senior people shared their experiences and participated in all activities actively.



<u>Outcome</u> : All senior people felt happy and satisfied.



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Quiz and Games - 24.03.2023

<u>Objective:</u> To motivate students to pursue science.

On 24.03.2023, the Department of Commerce and the Department of Accounting & Finance visited Ambattur Municipal Middle School, Oragadam. Students visited the school and conducted Quiz, Oratorical, Painting, Best out of Waste and Calligraphy competitions to the children on account of National Science and Mathematics Day. School Students from various classes actively participated in the events.



<u>Outcome</u>: Students developed a liking for science.



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Occupational Therapy Session - 30.03.2023

<u>Objective:</u> To provide training to handle special children at Sri Arunodayam.

On 30.03.2023, final year students of the department of Psychology visited Sri Arunodayam home for mentally challenged destitute, for an outreach activity. Students spent their time with special children, teaching simple concepts and helping them in occupational therapy session.



<u>Outcome</u>: Students learnt to teach simple concepts to special children.



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Basic Computer Literacy Programme – 05.04.2023

<u>Objective:</u> To help the school students gain knowledge on the basics of computers.

The Department of Computer Science (Shift-I) organized a Basic Computer Literacy Programme in Panchayat Union Middle School, Surapet on 5.4.2023. In this Programme, nearly 20 students taught computing skills to school students. Each student taught basic computing skills to a group of school students. School students enthusiastically participated in this programme. Around 170 school students were benefitted through this programme.





<u>Outcome:</u> Students understood the basic computer concepts.



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Art and Craft for patients recovered from mental illness - 06.04.2023 <u>Objective</u>: To bring out the latent talents in mentally recovered patients.

The Department of Information System Management organized an outreach program on 6^{th} April 2023 at the Institute of Mental Health, Kilpauk, Chennai. Students spoke to the patients recovered from mental illness and taught them art and craft work. The patients made pen stand, wall hanging, photo frames, flowers and leaves with colour papers. This programme helped the recovered patients to learn arts and crafts practically and rejuvenated their minds.



<u>Outcomes</u>: The patients recovered from mental illness learnt craft work which rejuvenated their minds.



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Power Point and Web Application - 06.04.2023

<u>Objective</u> : To create knowledge of simple animation creation to the school students.

Students of Computer Science (Shift-II) visited the Government Panchayat Middle School, Shanmugapuram, Chennai on 06.04.2023. Students taught the usage of MS Power Point with simple animations and web application transitions to the school children.



<u>Outcome</u> : Students learnt to create power point presentation with animation.



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<u>2021 - 2022</u>

Basic Computing Skills - 10.12.2021

<u>Objectives:</u> To understand the basic concepts, characteristics and applications of computers.

An outreach activity "Sun Shines" was organized for the Government Girls Higher Secondary School students, Gnayuru Village on 10.12.2021 to enhance the student's knowledge in computing skills. The main objective of the programme to create awareness in students and to provide opportunities for the students to apply the theories learned in practical situations. Through this outreach programme the following activities were conducted for the students.

- > Python Programming for Higher Secondary Students.
- > Basic concepts in MS-OFFICE for middle school students.
- > Tux Paint Concepts middle school students.



Outcome: Students understand the concept of formatting and drawing simple figures.



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Awareness Programme on Blood Grouping – 14.12.2021

<u>Objective</u>: To teach students the techniques of blood grouping.

The students of the Department of Biochemistry visited Lakshmipuram Government Higher Secondary School on 14.12.2021 and conducted demo experiments on Blood Grouping & Chromatographic Techniques.



<u>Outcome</u>: Students had a better understanding of the scientific research



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Basic English and Simple Hygiene for the Primary School Students 15.12.2021 to 18.12.2021

Objective: To teach basic English Grammar and the need for Self-Hygiene

An Outreach Program was organized by the Department of English at Chennai Municipal Primary School, Kallikuppam. The students of English department visited Chennai Municipal School, Kallikuppam and organized an Outreach program for students of class I to V from 15th December 2021 to 18th December 2021. The duration of the program was 12 hours. The students used several teaching aids and taught vocabulary and grammar in a play way method. They also taught self- hygiene and promoted the hygienic practices among children. The school students enjoyed learning and they engaged themselves in various fun activities and assessments. The students of English Department presented several useful study aids and charts to the school. Mrs. Rani, Headmistress of Chennai Municipal Primary School expressed her deep sense of gratitude to the College Management, English Department and the students for having conducted a memorable program for the school students.



<u>Outcome</u>: The primary level students gained the Basic English grammar and simple hygienic practices.



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Awareness Programme on Cleanliness - 02.02.2022

Objective: To create awareness on cleanliness and importance of Education.

In order to create awareness about Cleanliness and to insist the importance of Education, the Department of Business Administration organized an Outreach Program "March for a Cause" on 02/02/2022 at SMS Rice Mill, Redhills, Chennai- 600 052.



Kids were provided snacks and stationeries. Students discussed good habits and moral values with the kids. They were also made to write alphabets and were rewarded with colorful candies for the same. Women at the Rice Mill were provided with Sanitary Napkins & Soap bars to ensure health and hygiene in their daily life.

<u>Outcome</u>: The students learnt the basic cleanliness and developed the interest to learn new things.



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Awareness Programme on Financial Assistance provided by the Government to Self-Help group. 16.02.2022

<u>Objective</u>: To create awareness on financial assistance provided by the government to selfhelp group.

The Department of Economics organized an Extension Activity about Financial Assistance provided by the Government to Self Help Groups. Students met the members of Sakthi self-help group and interacted with them. The students explained the availability of various schemes introduced by the Government for the welfare of women through self-help group. The members of Sakthi self-help group thanked the students for the initiative.



<u>Outcome</u>: The members of Sakthi Self Help group gained knowledge on financial assistance and government schemes.



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Importance of Health and Hygiene - 10.03.2022

<u>Objective:</u> To highlight the importance of nutrition in improving health.

An awareness programme on Health and Hygiene was organized by the students of Biochemistry department for the students of the Government Primary School, Arikkambedu village on 10th March 2022. The children were taught through posters and competitions about the importance of balanced diet, cleanliness and oral and personal hygiene.



<u>Outcome</u>: Students were educated on the importance of balanced diet, cleanliness and oral and personal hygiene.



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CHENNAI - 600 099

Competitions on Simple Mathematics Puzzles - 07.04.2022

<u>Objective</u>: To develop problem solving skills through competitions on Mathematics puzzles.

The Department of Mathematics organized an Outreach Programme on 7th April 2022 for the students of Municipal High School, Kallikuppam. Several games and competitions were conducted to teach the problem solving techniques to the students.



<u>Outcome</u>: The students gained interest to learn Mathematics.



PRINCIPAL SOKA IKEDA COLLEGE OF ARTS AND SCIENCE FOR WOMEN CHENNAI - 600 099

Simple Animation Techniques – 11.04.2022

<u>Objective</u> : To enable students to know about simple animation.

The Students of Computer Science (Shift-II) visited the Government Girls Higher Secondary School at Venus, Perambur on 11th April 2022. The school students were divided into groups and were demonstrated the usage of applications with simple animation. Students actively participated in the programme.



<u>Outcome</u> : Students learnt the concepts of simple animation.



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2020-2021 COVID SCREENING CENTRE - 2020





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மாண்புமிகு தமிழக முதல்வர் தலைவர் M. K. Stalin அவர்களின் ஆணைப்படி, அம்பத்தூர் சட்ட மன்ற தொகுதியில் உள்ள (SOKA IKEDA) மகளிர் கல்லுரியில் தற்காலிகமாக அமைக்கப்பட்டுள்ள ஆக்ஸிஜன் வசதி உடைய 100 படுக்கைகள் கொண்ட கொரோன சிகிச்சை மையத்தை மாண்புமிகு இந்து அறநிலையத்துறை அமைச்சரும், சென்னை கிழக்கு மாவட்ட செயலாளருமான P.K. Sekar Babu அவர்கள் ஆய்வு செய்தார், (இந்த கொரோனா சிகிச்சை மையமானது இன்னும் சில நாட்களுக்குள் பயன்பாட்டிற்கு வரும் என்பதனை தெரிவித்துக்கொள்கிறோம்) உடன் கொரோனா தடுப்பு சிறப்பு அதிகாரி திரு.சுரேஷ்குமார்.IAS, அண்ணாநகர் துணை ஆணையர்





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Nutrition for Adolescents - 06.03.2021

<u>Objective</u> : To give an insight of nutritional needs to the students.

The Department of English organized an outreach programme to the students of Elite Matriculation School, and Kalavani Matriculation Hr.Sec.School Redhills on the topic, "Nutrition for Adolescents" on 6th March 2021 at 4 pm through Zoom platform.The resource person was Dr. Lally Hanna Luke, Associate Professor, MMM College of Health Sciences, Chennai. The resource person explained the need of a balanced diet for the development of mind and body. The focus of the programme was to give an insight of nutritional needs for the students during exam time. The resource person also taught the simple steps to safe guard from infectious diseases.



Outcome: The students learnt the nutritional values through the program.



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<u>2019 - 2020</u>

Utility of Foldscope - 30.08.2019

<u>Objective</u>: To make cost-effective and simple tools for detecting, visualizing and learning real life examples.

The Department of Biochemistry, conducted an extension activity for the higher secondary students of Government Girls Higher Secondary School, Avadi on 30.08.19. The students of Biochemistry visited the school and presented a PPT on different types of microscope, with special reference to the innovative model of microscope – the Foldscope. They also taught the students to assemble and view microorganism via Foldscope. They also created awareness on Water Scarcity and the importance of water conservation. An oath was taken to save water.



<u>Outcome</u> : Students were able to use foldscope and visualise pollen grains. They also learnt the need to save water.



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Environmental Protection - 30.08 2019

<u>Objective</u>: To educate students on conserving environment and saving nature.

The Department of Biochemistry conducted an extension activity at the Government Primary school, Madhanangkuppam on 30.08.19. The students interacted with the school children and taught the students the importance of saving nature. The students performed various skits, dance, mime and videos to the school children on the importance of conserving environment.



<u>Outcome</u>: Students understood the value of protecting the environment.



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Robotics – 06.12.2019

<u>Objective</u>: To create knowledge on the basics of robotics.

On 6th December 2019, the Department of BCA organized a visit to KBC Govt. Girls Higher Secondary School, Redhills. Students visited the school and started the session with the introduction about **"Robotics**" through PowerPoint presentation. The school students were divided into groups and were taught about the basics of robot electronics, fundamental electrical concepts, transistors and motor drivers sensors. The entire session was demonstrated with videos. At the end of the session, the school students applied their practical knowledge by using the robotics kit given by our students. The school students gained knowledge about robots through this Programme.



<u>Outcome</u>: The school students gained knowledge about robots.



PRIN SOKA IKEDA COLLEGE OF ARTS AND SCIENCE FOR WOMEN CHENNAI - 600 099

Basic Computing Skills - 10.12.2019

<u>Objective</u>: To impart the OOPs concepts and the basic computing skills.

The Department of Computer Science (shift I) organized an extension activity programme at Government Girls Higher Secondary School, Gnayaru on 10.12.2019. 46 students participated in this programme. Our Students taught MS office applications, Programming languages like C, C++ to the school students.



 $\underline{Outcome}$: Students were able to understand the functions and concepts in C++ program.



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Visit to Arunodhayam Illam - 18.12.2019

<u>Objective</u>: To recreate the special children in Arunodhayam Illam.

The Department of Economics organized Dr.Daisaku Ikeda's 92nd Birthday celebration on 18/12/2019. More than 30 students visited Arunodhayam Illam and provided biscuits, pencil and scales to the children with special need. The students performed cultural activities to recreate the special children of the home. The celebration came to an end with a signature campaign.



<u>Outcome</u>: the children of Arunodhayam Illam learnt the teachings of Dr. Daisaku Ikeda.



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Scope & Significance of Economics in Future

Guidance for students – 10.01.2020

<u>Objective</u>: To inform the school students on the significance of Economics in future.



The Department of Economics organized an Extension Activity on "Scope and Significance of Economics" in Chennai Corporation Hr. Sec. School, Lakshmipuram, Chennai. Students interacted with the school students and spoke on the scope and significance of Economics in future and asked the school students to actively learn economics concepts.

<u>Outcome</u>: School students gained guidance on the scope of Economics.



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Recent Trends in Computer Technology – 14.02.2020

<u>Objective</u> : To teach the school students to develop a basic knowledge of using computers.

The students of the department of Computer Science (Shift-II) visited Government Higher Secondary Schools at Redhills and Ambattur on 14th February, 2020 to teach the importance of basic software and recent trends in IT industry.



<u>Outcome</u> : Created awareness on basic softwares to the school children.



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Recent Trends in Computer Technology – 18.02.2020

<u>Objective</u> : To develop basic knowledge of web applications to the school students.

Students of the department of Computer Science (Shift-II) visited Adi Dravidar Welfare Govt. Hr. Sec. School, Vadakarai on 18th February 2020. The school students were divided into groups and our students demonstrated the usage of basic software like MS Word, MS Excel and MS Powerpoint, HTML Web applications.



<u>Outcome</u> : Created awareness on basic web page creation and simple web applications to the school children.



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Usage of Basic Software - 19.02.2020

<u>Objective</u>: To teach the way of creating web pages to the school students.

Students of the department of Computer Science (shift - II) visited Government Girls Higher Secondary School at Perambur on 19th February 2020. The school students were divided into groups and our students demonstrated the usage of basic software like HTML Web applications.



<u>Outcome</u> : Students were able to create web pages effectively.



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<u>2018 – 2019</u> Save Nature – 11.09. 2018

<u>Objective</u> : To create awareness on the importance of preserving nature.

The Department of Biochemistry organized an extension activity on the topic "Save Nature" on 11.09.2018 at Government Primary School Madhanangkuppam Chennai-99. The aim of the extension activity was to create awareness on preserving nature. The students were educated about the various changes happening around the world due to deforestation. The students of the Department conducted many activities for the school students to plant and grow trees in their neighbourhood. The students performed a puppet show to instil the importance of nature and plants in their young minds. The students were made on take oath to protect and conserve nature and were asked to make handprints to register their promise to do so. Games were also conducted for the children and prizes were given to the winners.



<u>Outcome</u>: Students were educated about the various changes happening in the world and also the importance of nature and plants.



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Usage of Basic Software - 30.11.2018

<u>Objective</u> : To teach basic computing techniques to the school students.

The students of the Department of Computer Science (Shift II) visited the Government Higher Secondary School at Cholapuram, Ambattur on 30th November, 2018. The school students were divided into groups and activities like treasure hunt and technical puzzle games were conducted for the students. Students actively and enthusiastically participated in the events.





<u>Outcome</u>: Students learnt basics of computers.



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Photo Designing - 01.02.2019

<u>Objective</u>: To create knowledge on photo designing to the school students.

On 1st February 2019, the Department of BCA organized a visit to KBC Govt. Girls Higher Secondary School, Redhills. A group of 10 students visited and taught Photo design through various methods by using Photoshop software. The school students acquired knowledge about photo design in Photoshop software through this Extension Activity Program.





<u>Outcome</u> : The school students acquired knowledge on Photoshop.



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